Osprey Fly Box

Vistula Polish Nymph

contributed by

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What a sight. The year was 1989. The place was Kuusamo, Finland. The event was the World Fly Fishing Championship. Who was this guy dressed in an unconventional vest, wearing garden boots for waders, and casting a mended fly rod? The mystery angler was Wladyslaw Trzebunia, then a member of the Polish National Fly Fishing Team. "Vladi," as he is known to his friends.

This is his Polish Nymph called the Vistula after the river in Poland. It can be tied either the traditional Polish Woven method, or a simpler version that just wraps the two colours up the hook.

I fished it at the Skagit in the summer at the edge of a pool using a high stick method *(no relation to a hockey play).* I just dropped in water upstream a few feet past the end of the rod and followed it downstream for a total of 8 to 10 feet trying to keep the leader vertical . I tied a leader with a sighter to help in watching it as discussed by Danie Erasmus on page 62 of the *Osprey Fly Box.* I caught multiple fish that day. You have to be on your toes as the takes are soft.

Materials



Hook:	Tiemco 2457 or Mustad C49s Hook #6-#12
Bead:	Gold to match the hook size
Thread:	Uni 6/0 Chartreuse
Body:	Green and Chartreuse UniStretch or UniYarn
Rib:	Maxima Ultra Green Mono 4X
Collar:	Hares Mask

Tying Instructions





1. Place the bead on the hook and start the thread behind the bead. Wrap down the hook shank to form an underlayer. Return the thread to the bead.
2. Take a piece of Ultra Green Mono and secure it to the far side of the hook down into the beand and return the thread to the bead.
3. Take the Green UniStrech or UniYarn and attach to the near side of the hook shank and the Chartreuse material and attach to the far side of the hook secure down into the bend. Return the thread to the bead. Whip finish and cut the thread to aid in the weaving steps.



Tying Instructions

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4. To start the weave remember the lighter material always remains on the under side of the hook and the darker material on the top of the hook. Take the Green material over the top of the hook and loop the Chartreuse material over the Green. Pull the Green material towards the back of the hook and take the Chartreuse material under the hook to the near side. Continue until the woven body is within a bead length of the bead reattach the tying thread and tie off. Cut the excess body material.



5. Bottom View



6. Top View



7. Take the rib material and wrap up the body in between the woven body segments up to the bead and tie off.



8. Take some Hares Mask and dub it in to the hook behind the bead.



9. Place a few drops of head cement on the thread and whip finish behind the bead.

Simple Vistula



10. Place the bead on the hook and start the thread behind the bead. Wrap down the hook shank to form an underlayer. Take a piece of Ultra Green Mono and secure it to the far side of the hook down into the bend and return the thread to the bead. Take both the Green and the Chartreuse UniStrech or UnitYarn and attach them to the hook shank al the way down to the bend.



11. Wrap the Green and Chartreuse materials side by side up to within a bead width of the bead and tie off.



12. Take the rib material and wrap up the body to form even body segments up to the bead and tie off.



13. Take some Hares Mask and dub it in to the hook behind the bead.



14. Place a few drops of head cement on the thread and whip finish behind the bead.

Tight Lines & Good Luck!